

## Information For the Use

Coenzyme Q10 (100mg) + L-Carnitine L-Tartrate (50mg) + L-Arginine (100mg) + Lycopene (4000mcg) + Selenium dioxide (100mcg) + Omega-3 fatty acid (150mg)

# Lycology Max Softgel

Coenzyme Q10 (100mg) + L-Carnitine L-Tartrate (50mg) + L-Arginine (100mg) + Lycopene (4000mcg) + Selenium Dioxide (100mcg) + Omega-3 Fatty Acid (150mg) Softgel

## Composition

Each softgel contains:

- Coenzyme Q10 – 100mg
- L-Carnitine L-Tartrate – 50mg
- L-Arginine – 100mg
- Lycopene – 4000mcg
- Selenium Dioxide – 100mcg
- Omega-3 Fatty Acids (EPA/DHA) – 150mg

## Indications

This formulation is beneficial for:

- **Supporting Heart Health:** Coenzyme Q10, L-carnitine, and Omega-3 fatty acids promote cardiovascular health by improving blood circulation and supporting energy production in heart cells.
- **Boosting Energy Levels:** L-Carnitine L-Tartrate and Coenzyme Q10 are essential for energy production, particularly in physically active individuals and those suffering from fatigue.
- **Promoting Healthy Circulation:** L-Arginine helps improve blood flow and supports nitric oxide production, which aids in vasodilation and circulation.
- **Antioxidant Protection:** Lycopene and Selenium are powerful antioxidants that help combat oxidative stress and protect cells from damage.
- **Supporting Immune Function:** Selenium and Lycopene play crucial roles in immune system health, offering protection against environmental stressors.

- **Healthy Skin:** Lycopene and Omega-3s help maintain skin health and reduce inflammation, promoting youthful, radiant skin.

## Mechanism of Action

- Coenzyme Q10 is vital for energy production in cells and acts as a potent antioxidant, protecting cells from oxidative damage. It supports mitochondrial function, improving energy levels and overall vitality.
- L-Carnitine L-Tartrate helps in the transportation of fatty acids into the mitochondria, where they are burned for energy. It also supports muscle recovery after exercise and reduces exercise-induced fatigue.
- L-Arginine is an amino acid that helps in the production of nitric oxide, which relaxes and dilates blood vessels, improving circulation and oxygen delivery to tissues.
- Lycopene is a carotenoid with potent antioxidant properties that help reduce the effects of oxidative stress, promoting cellular health and reducing the risk of chronic diseases.
- Selenium Dioxide is an essential trace element that protects cells from damage, supports thyroid function, and boosts the immune system.
- Omega-3 Fatty Acids (EPA/DHA) are vital for heart and brain health. They help lower triglyceride levels, reduce inflammation, and promote overall cardiovascular well-being.

## Benefits

- **Improved Energy and Stamina:** Coenzyme Q10 and L-carnitine are known for enhancing energy levels, making this supplement ideal for athletes or those experiencing fatigue.
- **Enhanced Heart Health:** Supports circulation, reduces oxidative stress, and promotes cardiovascular function.

- **Stronger Immune System:** The antioxidant properties of Lycopene and Selenium help protect the body from environmental stressors, supporting a healthy immune response.
- **Better Blood Flow:** L-Arginine enhances blood flow, which can help with overall circulation and cardiovascular health.
- **Support for Skin and Hair:** Lycopene and Omega-3 fatty acids promote healthy skin, reduce inflammation, and improve skin tone and texture.

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#### How to Use

- **Recommended Dosage:** Take 1 softgel daily or as directed by a healthcare professional.
- **Preferred Time:** Can be taken with or without food. For optimal absorption, take with a meal containing fats.

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#### Precautions

- **Allergic Reactions:** If you experience any signs of allergic reaction, such as rash, itching, or swelling, discontinue use and consult your healthcare provider.
- **Pregnancy & Breastfeeding:** Consult a healthcare professional before using if you are pregnant or breastfeeding.
- **Children:** Keep out of reach of children. Not recommended for children unless prescribed by a doctor.
- **Medical Conditions:** If you have any pre-existing medical conditions or are on medication, especially for blood pressure or heart conditions, consult your healthcare provider before use.

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#### Storage Instructions

- Store in a cool, dry place.
- Keep the container tightly closed and out of direct sunlight.
- Keep out of reach of children.

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#### A Powerful Antioxidant and Energy-Boosting Formula

Coenzyme Q10 + L-Carnitine + L-Arginine + Lycopene + Selenium + Omega-3 Softgel is a comprehensive supplement designed to support heart health, improve energy levels, enhance circulation, and provide powerful antioxidant protection. Perfect for individuals looking to boost overall vitality and promote long-term health.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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